



the **BEATING
HEART**

Sts' Ailes Community Newsletter

• March 2023

• stsailles.com

**THE STS' AILES YOUTH
SOCCER TOURNAMENT IS JUST
AROUND THE CORNER!**



BE READY MAY 6 & 7, 2023

ONE HEART, ONE MIND. A TEAM WITH A RECONCILIATION DREAM.

2023, February 7 - One Heart, One Mind. A Team with a Reconciliation Dream. Hope and Health.
<https://www.hopeandhealth.org/nautsamawtfc>



HOPE AND HEALTH REVEAL NEW NAME, LOGO AND PURPOSE FOR RECENTLY ACQUIRED VARSITY FC.

VANCOUVER, BC - Say it with Us: "NAUTSA'MAWT FC - ONE HEART, ONE MIND!"

Hope and Health for Life Society, building on our existing long-term association with UBC Athletics proudly reveal NAUTSA'MAWT FC as the new name of the recently acquired Varsity FC of League1 BC, maximizing the beautiful game for development and social impact.

The name is inspired by the Hulq'u'mi'num term "Nautsa'mawt" meaning "to move together, as one heart, one mind", which is Hope and Health's guiding principle. Hulq'u'mi'num' is a Coast Salish traditional language with a variety of dialects.

Continuing the long and valued partnership with UBC Thunderbirds women's and men's soccer teams, the core roster will be formed by the "best in the west" student athletes alongside Indigenous athletes who will take their rightful place on the training and game rosters - led by the UBC Thunderbirds coaching team- who will mentor Indigenous players + coaches on their development journey. Under the new organizational structure UBC Athletics will remain an active partner in

the success of the League1 BC Club, including providing support for infrastructure and personnel with the Club continuing to play home games at Thunderbird Stadium in 2023.

Nautsa'mawt FC respectfully acknowledges that we train at UBC on the ancestral and unceded territory of the xwməθkwəyəm (Musqueam) People.

"Nautsa'mawt FC is an exciting opportunity to make real world change, to implement the Truth and Reconciliation Commission's call to action to increase Indigenous representation in the Canadian sport system.

We hold our hands up to UBC Athletics' high caliber coaches and student athletes for their contributions to our communities through Hope and Health and look forward to elevating further with them as a valuable core of Nautsa'mawt FC. With this in place we are set up for winning on and off the pitch."

- Bill Yoachim Snuneymuxw Nation Council member, co-owner of Nautsa'mawt FC

ABOUT OUR LOGO



The team's striking logo was designed with excitement and pride by acclaimed Coast Salish Artist Maynard Johnny Jr. Here the beautiful design is described in his words:

The top half is an Indigenous designed raven, which represents

transformation - for all players as they progress on the pathways from grassroots to semi-pro and beyond.

The star honours the League 1 Canada vision to "rise as one" and for the players to dream big and reach for the stars on their journey as "champions of life"

The overall shape further Indigenizes the crest as a "copper shield" to recognize Indigenous players taking a position in a league and sport system that was once impossible to reach as Indigenous people.

ABOUT OUR TECHNICAL ADVISORS

Hope and Health for Life Society is very proud to announce the team of technical advisors we have assembled to help us achieve our Nautsa'mawt FC vision:

Terry Felix - Terry was the first Indigenous player to play professionally in North America, and the first to represent Canada. He earned three caps for the national team in 1983 and played club soccer for the Vancouver Whitecaps competing in the North American Soccer League. Terry is an amazing role model and mentor for Indigenous athletes aspiring to play at a higher level, including his granddaughter Scarlett who he will proudly work with in supporting the start up of Nautsa'mawt FC.

Amy Bobb - Amy is a three-time women's soccer national champion who won U SPORTS banners with the UBC Thunderbirds in 2002, 2003, and 2006, the last of which saw her named tournament MVP. Amy is a registered social worker and certified play therapist supporting children and their families through their healing journey. In addition to this Amy is an Assistant coach for the UBC Thunderbirds women's soccer team and a certified yoga therapist. Amy is a strong advocate

for Indigenous athletes and plays a valuable role in player recruitment and development.

David Ousted - David recently retired from professional soccer and is best known to British Columbians as the fierce goalkeeper of the Whitecaps. In 2014 he won the Save of the Week awards twice and led the entire league in clean sheets. In 2015 Ousted was officially named to the MLS All Star Team and started the second half of a 2-1 victory against English side Tottenham Hotspur. He was again included in the roster for the 2016 MLS All-Star Game. David is a Hope and Health player board member alumni.

Jay DeMerit - Jay was the first player signed by Vancouver Whitecaps FC in preparation for their entry into Major League Soccer in 2011 and was also the team's first captain. An American, he played his college years with UIC Flames before deciding to move to England to pursue his dream where he eventually signed with Watford FC of the Championship in 2004. DeMerit played 211 total games for Watford over six seasons, including one in the 2006-07 Premier League, having scored in their victory in the 2006 Football League Championship play-off Final. Jay has been involved in Hope and Health in a variety of ways since its inception and has collaborated annually through his popular and innovative Rise and Shine Captain Camps.

** Included in the coaching staff is Sts'ailes' own Chelsea Charlie as an Assistant Coach. We are truly proud and know that both Terry and Chelsea will bring a wealth of knowledge and experience to Nautsa'mawt FC. All the best on your exciting journey! O Siyam!*

"The primary objective of Nautsa'mawt FC is to implement meaningful steps to reconciliation by activating our "champions for life" mentorship methodology across the team and the entire business model.

Bringing the reconciliation priority to the League1 BC experience will truly unleash the leadership potential for the coaches and players- on and off the pitch and transform our team's vision from "being the best in BC" to "being the best for BC".

- Deana Gill, Co-Founder & CEO of Hope and Health



BASKET REPATRIATION & STAFF HONORING





PRE-EMPLOYMENT SUPPORTS PROGRAM

PAST PROGRAMS / WORKSHOPS:

- Cedar Harvesting
- Food Preservation (canning)
- Office Computer Training
- Driving Lessons
- Employment Certificate Training (OFA 1, FoodSafe, WHMIS)
- Sewing 101 (quilting)

UPCOMING TRAINING / WORKSHOPS:

- Learn to Bead (earrings) - Date TBA, 8 spots available
- Weaving (wool) - Date TBA, estimated early summer time
- Sewing 101 - Date TBA, summer time, 8 spots available
- Computer training - Date TBA, 12 spots
- Food Preservation (canning tomatoes/peaches) - Est. August/September
- Workplace skills training - Date TBA
- Chainsaw Training - Date TBA
- Warehouse/construction Training - Date TBA

Contact Brylee or Simone at the EAS building if you are interested in taking training.

Please note that priority will go to Income Assistance clients



indigenous owned & operated

The Sasq'ets Basket DAILY MENU

MONDAY - FRIDAY

7:30a - 1:30p

7:30a - 9:30a **Continental Breakfast**

Boiled eggs, fruit platter, toast station, oatmeal, granola, yogurt, danish, croissants. *(subject to availability)*

11:30a - 1:30p **Lunch***

Find out what's for lunch by checking out our Moytelexw Facebook page, our website or give us a call and be added to our e-mailing list.



* A monthly calender is set with designated meals for lunch.



Dietary restrictions can be accommodated if contacted ahead of time.

For more information, contact:

Laura Wright

T 604.796.9832

E Laura.Wright@stsailles.com

16300 Morris Valley Rd.

Agassiz, BC V0M 1A1

ask us about our catering and meeting space services